

DEPARTMENT OF SOCIOLOGY
COURSE SYLLABUS

Course Details					
Code	SOZ 024			Academic Year	Semester
Title	Technology Addiction			T	A
				L	ECTS
			3	0	6
Language	Turkish				
Level	Undergraduate	X	Graduate		Postgraduate
Department / Program	Sociology				
Forms of Teaching and Learning	Face to Face				
Course Type	Compulsory		Elective		X
Objectives	The aim of this course is to introduce students to the social causes and consequences of technology addiction.				
Content	The causes and effects of technology addiction as well as the solutions (such as digital detox) developed against this addiction are covered.				
Prerequisites	-				
Coordinator	-				
Lecturer(s)	-				
Assistant(s)	-				
Work Placement	None				
Recommended or Required Reading					
Books / Lecture Notes	Ertemel, A., ve Aydın, G.(2018), "Dijital Ekonomide Teknoloji Bağımlılığı ve Çözüm Önerileri", Addicta: The Turkish Journal On Addictions, 5(4), 665-69. Cengizhan, C.(2005), "Öğrencilerin Bilgisayar Ve İnternet Kullanımında Yeni Bir Boyut: "İnternet Bağımlılığı", M.Ü. Atatürk Eğitim Fakültesi Eğitim Bilimleri Dergisi, Sayı 22, Sayfa: 83-98.				
Other Sources	-				
Additional Course Material					
Documents	-				
Assignments	-				
Exams	-				
Course Composition					
Mathematics und Basic Sciences					%
Engineering					%
Engineering Design					%
Social Sciences					%100
Educational Sciences					%
Natural Sciences					%

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Health Sciences		%
Expert Knowledge		%

Assessment

Activity	Count	Percentage (%)
Midterm Exam	1	%40
Quiz		
Assignments	1	%30
Attendance		
Recitations		
Projects		
Final Exam	1	%30
Total	3	100

ECTS Points and Work Load

Activity	Count	Duration	Work Load (Hours)
Lectures	13	3	39
Self-Study	6	9	54
Assignments	7	9	63
Presentation / Seminar Preparation			
Midterm Exam	1	3	3
Recitations			
Laboratory			
Projects			
Final Exam	1	3	3
Total Work Load			162
ECTS Points (Total Work Load / Hours)			6

Learning Outcomes

01	Students can define the concept of technology addiction and explain its social causes and consequences.
02	Students have comprehensive knowledge about addiction theories.
03	Students can recognize different technology addictions and analyze their relationships with each other.
04	Students become aware of safe internet use, online privacy, digital violence, cyberbullying.
05	Students can compare technology addiction at national and international level and follow the current solution proposals at the global level.
06	Students can relate the individual causes and consequences of technology addiction to social dimensions in the context of emotional needs, psycho-social factors and daily life.
07	The student acquires awareness of contemporary forms of addiction and the ability to produce individual measures.

Weekly Content

1	Introduction
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2	What is addiction?
3	Technological habits
4	Types of technology addiction
5	Conditions giving rise to technology addiction
6	Stages of addiction
7	Midterm
8	Social causes and consequences of technology addiction
9	Social causes and consequences of technology addiction
10	Social causes and consequences of technology addiction
11	The fight against technology addiction
12	Building a healthy relationship with technology
13	Building a healthy relationship with technology
14	Review
15	Final

Contribution of Learning Outcomes to Program Objectives (1-5)

	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12
1	3				4	5						
2	5	4			5							
3	3											
4							3		5			
5		4	4		4					5	5	
6	3	4										
7					3							3

Contribution Level 1: Low 2: Low-intermediate 3: Intermediate 4: High 5: Very High

<https://obs.tau.edu.tr/oibs/bologna/progLearnoutcomes.aspx?lang=tr&curSunit=6048>

Compiled by: Re. Ass. R.Zinnur Fidan

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